

THE EXPLORER



Brighton beckons

Our *Generation Next* Seminar is just around the corner

WELCOME TO THE August edition of The Explorer. As we start to feel the last of the winter chill and head towards spring things are also warming up for the DHAA NSW Branch!

By now all of you should be registered with AHPRA and have received your documentation in the mail. Please remember that many of you will have to again register your details with AHPRA in November to align fully with the national registration initiative- so make a note and don't forget this vital part of your practice!!

The DHAA NSW and our fellow State Branches have certainly had a busy August with Oral Health Month wrapping up and the successful organisation

“A great opportunity for you to meet your fellow hygienists and learn a little more about what the DHAA NSW can offer.”

of many Dental health Week programs that also took place this month. In a cheery and colourful display, many hygienists across NSW promoted a preventative approach to oral health and aimed to increase awareness of Oral Cancer within the community. We would like to say that we are all very proud of the efforts of participants and those who had huge support from sponsors *Oral B* and *Colgate*. Feedback from all who participated has been overwhelmingly positive!

The DHAA NSW Executive are all very proud of the efforts that the CPD team have contributed over the year to provide numerous opportunities for our members. We hope that in addition to this you continue to seek and build your CPD points over the rest of the year and look ahead to the wonderful local, national and international opportunities available to you.

Our CPD team has been working hard all year to produce what looks to be an exciting and incredibly interesting Annual Seminar Day. “Generation Next” will take place on November 26th at the beautiful Novotel, Brighton Le Sands. The day is aimed at educating delegates on some of the new technologies and treatments available in our speciality as we head towards a time of great innovation and change. The program is jam-packed with inspiring and experienced speakers covering topics including laser dental, Invisalign and the future of orthodontics and paediatric dentistry. The day will be a great opportunity for you to meet your fellow hygienists and learn a little more about what the DHAA NSW can offer you. We would also like to take the time to say thank you to all the sponsors who have contributed towards this amazing event and hope that we can continue to work together to provide these seminars for our members. What will your future hold? Register and find out! Early bird rates do apply so explore further to find more details!

Keep up the great work hygienists and we hope to see you in November!



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It's the big event of the year and it's approaching fast. Get yourself registered!
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Members rolled up their sleeves and hit the streets to get our message in front of the public...



Get registered for the **Generation Next** seminar. Page 5 has the details...



PRESIDENT'S REPORT

Improving the DHAA experience

I WOULD LIKE to begin by thanking the Committee who have been doing a fantastic job, especially in the last couple of months while I have been attending courses and seminars in the US and Australia.

The CPD team have worked hard to provide some wonderful events, and have already done some serious planning for 2012. The rest of the committee have done a brilliant job keeping on top of the changes that have come with our new website, the National registration and the DHAA online membership system.

It's great to see so many members already registered for our Annual Seminar Day in November. With a line-up of fantastic speakers and sponsors promoting their latest products, it promises to be an awesome day. It's also a chance to catch up with uni buddies and colleagues while racking up CPD points. The early bird rate is available till the 30 September, so don't miss out!

All members will shortly be receiving a copy of our revised Constitution. While the existing constitution has served us well it is now outdated and it was one of my goals this year to review this document. Please take the time to read it, and please direct any comments to me. We will be holding a ballot at the AGM (at the Annual Seminar Day) for this change.

It was good to see so many involved in Oral Health Promotion activities during Dental Health Week and continuing through Oral Health Month. As preventive oral health practitioners, getting out and talking about oral health is an integral part of our role, and also helps to build the public profile of dental hygienists. Plus a big thank you to *Oral B* and *Colgate* for their generous donations of product.

See you all at the General Meeting on September 5.

Melanie Hayes
DHAA NSW Branch
President



Make your vote count

Nominations are being sought for NSW National Councillor



WE ARE NOW seeking nominations for the position of National Councillor (and an alternate) for 2012-2013. To be eligible to nominate you need to have served on the NSW committee and be a full member of the DHAA.

The successful applicant should be prepared to attend twice yearly National Council meetings (expenses met by the DHAA), and regular NSW committee meetings for the next two years. They should also be prepared to accept a role on a National Committee, or be prepared to nominate for a National Executive position in the foreseeable future.

Nominations need to be received by the 15th of October, and the Executive Committee will select the successful applicant in November. Please contact Mel Hayes (pres.dhaansw@gmail.com) if you are interested or would like further information.

Bringing you the big names...

DHAA NSW BRANCH was proud to present guest speaker **Rochelle McPherson** on June 6 at the Harbourview Hotel in North Sydney. Her lecture titled, "An Introduction to Orofacial Myology", was an introduction to the specialised professional discipline that evaluates and treats a variety of oral and facial muscle, postural and functional disorders and habit patterns that may disrupt normal dental development and create cosmetic problems. Rochelle outlined her topic of discussion with various case studies that she is currently working on as well as teaching the audience a number of exercises that can be used when treatment planning for an individual that is suffering from conditions that arise in the field of Orofacial Myology.

In the next three months the DHAA NSW CPD team will be proud to introduce to its members, **Professor Ron Grunstein** at the upcoming General Meeting on September 5 as well as three key note speakers who will be speaking at our Annual Seminar Day, Generation Next. **Professor Laurie Walshe, Professor Richard Widmer** and **Dr Vicki Vlasik** will be presenting lectures about dentistry in the next generation and what it means for us as practicing health professionals.

We look forward to seeing you on September 5 at the Harbourview Hotel.

The DHAA NSW CPD team.

Get registered for the Generation Next seminar. Page 5 has the details...



Don't forget!

DENTAL DIARY

Grab your diary or fire up the PDA. It's time to plan the rest of your year!

26 August Periodontal Disease

Citigate Central,
169-179 Thomas Street,
Haymarket, Sydney
★ CPD Points: 6

26-27 August Dental Update 2011: A new era in Dental CE

www.qldentalg.com.au/du

31 August-3 September Coolum, QLD APS National Conference 2011

2 September An Overview of Interceptive Orthodontic Treatment: An evidence- based and clinical approach

Townsville - Rydges
Southbank
Presenter: Dr Desmond Ong
Cost: \$890
★ CPD Points: 6hrs

3-4 September DHAABV Weekend Conference

Mantra Erskine Beach
Resort, Mountjoy Parade,
Lorne.
Registrations are available
online at www.adavb.net
★ CPD points: 8



10 Sept - Study the importance of our role in treating kids

3 September DHAA TAS Annual Conference, Tasmania

Hobart, Tasmania
Starts 8:00am
For more information and
registration please visit
[www.dhaatas2011.
eventbrite.com](http://www.dhaatas2011.eventbrite.com)

5 September General Meeting

Harbourview Hotel,
North Sydney.
6:30pm for 7pm start.
Speaker: Professor Ron
Grunstein - Snoring and
Sleep Apnoea

8-9 September OPG and Lateral Cephalometric: Radiography Training for Dentists, Dental Therapists and Hygienists

Melbourne Dental School,
720 Swanston St, Carlton
Thursday 9.00am - 5.00pm,
Friday 9.00am - 1.00pm
Presenters Dr Pamela Craig
(Dentist), Ms Julie Owen
(Dental Therapist)
Cost: \$1,050
★ CPD Points: 9.5 hours

9 September DHAA (SA Branch) Inc. Continuing Professional Development Day 2011

Venue TBC
Speakers: Associate
Professor Sam Gue, Dr Jim
Dollman, Robyn Watson, Dr
Khash Nassery & Dr Kogulan
Gunaratnam

9 September DHAA SA Annual Seminar Day

South Australia

10 September Health Practitioners Role in Treating Children

Sunshine Coast, QLD

12 September World Oral Health Day Think Globally, Act Locally

13 September DHAA WA Supper Meeting

ADA House, West Perth
★ CPD Points: 2hrs

14-17 September FDI World Dental Congress

Mexico City

26-28 September Public Health Association of Australia 41st Annual Conference

Brisbane Convention Centre
Sustainable public health
For more information visit
[www.phaa.net.41stPHAA
AnnualConference.php](http://www.phaa.net.41stPHAA
AnnualConference.php)

29 September Soft Tissue Management for the Dental Team

[www.sydney.edu.au/
dentistry/ce/courses/
registration.php](http://www.sydney.edu.au/
dentistry/ce/courses/
registration.php)

29 September Soft Tissue Management for the Dental Team

[www.sydney.edu.au/
dentistry/ce/courses/
registration.php](http://www.sydney.edu.au/
dentistry/ce/courses/
registration.php)

30 September An Overview of Interceptive Orthodontic Treatment: An evidence- based & clinical approach

Brisbane School of Dentistry
Presenter: Dr Desmond Ong
Cost: \$890
★ CPD Points: 6hrs



Radiography is the focus of a number of events.

CONTINUED OVER...

Get registered for the Generation Next seminar. Page 5 has the details...





DENTAL DIARY CONTINUED...

1 October

Extra-oral Radiography

School of Dentistry UQ,
Brisbane

Presenter: Professor Paul
Monsour

Cost: \$990 - Dentist
\$890 - Oral

★ CPD Points: 9hrs

2 October

IFDH Day WA

8 October

In Office Whitening for Dental Practitioners

School of Dentistry, UQ

Cost: \$890.00

★ CPD Points: 7hrs

19 October

Special Needs Dentistry and Your Practice - Thinking Outside the Square in the Management of the Patient with Special Need

Melbourne Dental School,
720 Swanston St, Carlton
Presenters Dr Mina

Borromeo (Special Needs
Dentistry Specialist) and
Dr Helen Marchant (Special
Needs Dentistry Specialist)

Cost: \$380

★ CPD Points: 6hrs

22-23 October

DHAAQ, Hygiene Horizons

Seaworld Convention
Centre, Gold Coast
Registration now open
www.

mybookingmanager.
com/HH2011

29 October

AGM WA



8 Oct - In house whitening for dental practitioners

22 October

IFDH Day The DHAAQ Hygiene Horizons 2011

14 October

DHAA ACT Annual Seminar Day ACT

4 November

Beyond Teeth: The Convergence of Dentistry and Medicine

Urban Hotel, Brisbane, QLD
Cost: \$390

★ CPD Points: 6hrs

9-12 November

AOS 8th Biennial Conference

Adelaide Convention Centre,
South Australia

Osseointegration Society,
8th Biennial conference

For more information visit
www.aosconference.com.au

9-11 November

Orthodontics for Dental Hygienists and Dental Therapist

Melbourne Dental School,
720 Swanston Street,
Carlton

9am-5pm each day

Presenters: Dr Sam Amari
(Orthodontist), Dr Hong
Jin Chan (Orthodontist),
A/Professor Julie Satur
(Dental Therapist)

Cost: \$1600

★ CPD Points: 30hrs
Scientific CP

11 November

The DHAAQ Regional Road Show

Cairns & Townsville QLD

www.mybookingmanager.
com/DHAAQRRR2011

11 November

Damn it, it's so quick and easy & practical radiology in dental practice

Sydney Dental Hospital,
2 Chalmers Street,
Surry Hills NSW

Morning courses start
at 8:30am-12:30pm

(Registration from 8am);
afternoon sessions start at
1-5pm (Registration from
12:30pm)

Cost: \$595 per course

★ CPD Points: 4hrs/course

12 November

The DHAAQ Regional Road Show

Rockhampton, QLD

www.mybookingmanager.
com/DHAAQRRR2011

18-19 November

BSDHT Oral Health Conference & Exhibition

Bournemouth, UK

26 November

DHAA NSW Annual Seminar

Brighton Le Sands, NSW
Novotel, Brighton Le Sands

Three great speakers;

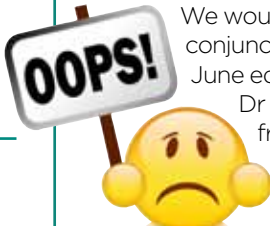
Professor Laurie Walshe,
Professor Richard Widmer,
and Doctor Vicki Vlaskalic.

Theme: The future of oral
health: The next generation.

What have you come across lately...

We would like to note that the photo used in conjunction with the piece featured in the June edition was incorrectly referenced to Dr Ronny Marks. The image was sourced from the Indian Journal of Dental Research.

Our sincere apologies to Dr Marks and to Jo Tebutt, who submitted the article.



We need you...If you have any details of an event that may be of interest to our members then please email it to Briony Bisset at news@dhaansw@gmail.com

The Annual
seminar is in
3 months...
**REGISTER
NOW!!**

GENERATION NEXT



THE FUTURE OF ORAL HEALTH

26 November 2011 | Novotel Sydney Brighton Beach

Come and join the DHAA NSW in Brighton Le Sands for our Annual Seminar Day.

Professor Laurie Walsh, Professor Richard Widmer and Dr Vicki Vlaskalic will be presenting their outlook for the future of oral health in Australia – where it's going and what we can do as dental professionals to keep pace with an industry that is evolving so rapidly.

Make a weekend of it and attend the **DHAA NSW Annual Seminar Day 2011**

**Professor
Laurence J Walsh**

BDS, PhD (Qld),
DDSc (Qld), GCEd,
FFOP(RCPA), FICD,
FADI, FPFA



PROFESSOR WALSH is the Head of School, School of Dentistry, The University of Queensland.

He teaches general dental practice, particularly BDS Years two and four and preventive and special needs dentistry; laser dentistry and oral rehabilitation. His research is concerned primarily with the applications of lasers and other advanced technologies for diagnosis and treatment in clinical practice. He has a focussed interest in risk assessment tools including ex-vivo diagnostic methods using saliva and dental plaque.

Currently Professor Walsh is undertaking several research projects looking at; laser versus conventional methods for root canal treatment, optical diagnostic methods for dental biofilms, dental calculus and modification of the oral ionic and microbial environment using bio-mineralizing materials.

**Dr Vicki
Vlaskalic**

BDS, MDS



DR VLASKALIC first graduated as a Dental Therapist, and subsequently received both her Bachelor of Dental Science and Master of Dental Science degrees from the University of Melbourne.

After graduating from her Orthodontic program, she spent two years at UCLA researching and teaching. She spent a further six years at the Arthur Dugoni School of Dentistry, University of the Pacific in San Francisco. There she became Assistant Professor and Director of the Predoctoral Orthodontic Program.

In 1997, Dr Vlaskalic was co-investigator with Dr. Robert Boyd in the feasibility of the Invisalign appliance, becoming one of the first orthodontists in the world to use the system. Together, they published the first article on Invisalign in the Journal of Clinical Orthodontics in 2000.

**Professor
Richard Widmer**

BDS (Hons) MDS
FRACDS



PROFESSOR WIDMER received his Master's Degree in Paediatric Dentistry from the University of Melbourne.

The majority of his paediatric clinical practice over the last twenty years has been at the Westmead Centre for Oral Health and The Children's Hospital at Westmead. Richard is currently an Associate Clinical Professor in Paediatric Dentistry, The University of Sydney, and Director of the Dental Department at The Children's Hospital at Westmead.

He is an active clinician and lecturer, presenting to students and graduates in all branches of the Health Sciences as well as being invited to present at Conferences, both locally and internationally. Professor Widmer has co-edited the very popular "Handbook of Paediatric Dentistry", now in its third edition and in seven languages.

FOR MORE DETAILS AND UPDATES VISIT www.dhaansw.org.au



The Wrigley Science Institute: DISSECTING THE ORAL HEALTH BENEFITS OF CHEWING SUGARFREE GUM

The benefits of chewing sugarfree gum as part of a regular oral care routine are well documented and supported by international and Australian industry associations.

Much of the research focuses on the role of chewing sugarfree gum on saliva stimulation.

→ The benefits of chewing sugarfree gum on oral health

The Wrigley Science Institute (WSI) is the first organisation of its kind committed to advancing and sharing scientific research that explores the benefits of chewing sugarfree gum.

The WSI supports independent researchers at leading institutions across the globe with grants to conduct scientific testing that demonstrates the important role that sugarfree gum plays in improving oral health.

The crown jewel discovery from this bank of credible research is the link between saliva and the oral benefits of sugarfree gum, with studies showing that sugarfree gum helps to stimulate saliva by 10 per cent.¹

→ Saliva stimulation: the link between sugarfree gum and oral health

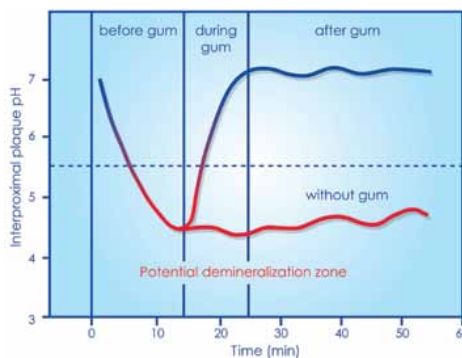
Salivary stimulation by chewing gum

Chewing sugarfree gum is a practicable and acceptable saliva stimuli and does not add any undue calories to the diet. When gum

is chewed, the flow of saliva increases and the effect of stimulated saliva increases the concentration of bicarbonate entering the mouth. This raises the pH of the saliva and greatly increases its buffering power.² A greater volume and rate of flow of stimulated saliva subsequently results in an increased ability to clear sugars and acids from around the teeth.²

Remineralisation and anti-carries effects

Stimulated saliva, as a result of chewing sugarfree gum, has been found to be an effective medium for remineralising enamel crystals. Remineralisation doubles as a result of chewing gum, helping to enable better control of caries.² Studies have also shown that using sugarfree gum for six weeks results in an increase in plaque calcium, and a reduction in plaque index, compared with no gum.²



→ Spreading the 'Eat, Drink, Chew' message to patients

Educating patients about the benefits of chewing sugarfree gum can enhance their dental care routine and is an important step in improving their oral health.

Simply contact Henry Shein Halas today to receive a FREE display stand (limit one per practice) and literature pack with your first order.

When ordering online, head to the "Early Intervention/Preventive Dentistry Specialty" section to choose from a variety of flavours: Spearmint, Peppermint, Sweetmint and Strawberry.

When speaking with Henry Shein Halas, you can also nominate to receive FREE new product sampling mail outs from the EXTRA Oral Healthcare Program twice per year. In 2011 Wrigley is promoting the new calcium-releasing EXTRA Professional Calcium sugar free gum via free drops to participating surgeries.



See www.halas.com.au
or call 1300 658 822

¹ DaviesC, Macpherson MD (1992) Effects of nine different chewing gums and lozenges on salivary flow rate and pH, Caries Research 26 (3): 176 – 182.
² Edgar M. A review of the positive effects of chewing sugarfree gum on oral health. Article available at www.betteroralhealth.info

MEL'S DIARY

Worldly wise

The Prez packs her suitcase to develop, interact and improve...



JUNE 8-11

Allied Dental Faculty Leadership Development Program
Fort Lauderdale, Florida

I HAD THE honour of being one of 20 allied dental professionals to be selected for this program, run by the American Dental Education Association. The course focused on professional development and career planning, leadership and personal assessments. It was a fantastic opportunity to network with colleagues in the US, and I now have a group of peers I can contact in my role as a leader and educator. It was interesting to learn about my own leadership style, and how each of our personalities and behaviours can complement each other in a team environment. I'm hoping the knowledge and experience I gained will not only help me in my professional life, but also in my role as NSW President.

JULY 2-3

National Symposium
Darwin, Australia

DARWIN IS BEAUTIFUL and warm at this time of year, which made it a perfect venue for the Symposium. The program was interesting and varied, with speakers talking about research methodologies, industrial relations, cone-beam technology, indigenous oral health, the role of the dental hygienist and caries assessments. Something for everyone! The National Symposium had an overarching "research" focus this year, and as such I was pleased to be invited

as a speaker and talk a little about what it is like to undertake research.

At the end of the first day many of us enjoyed drinks and nibbles on the Sunset Cruise, which I'm sure is a night many of us won't forget!! It was great to get to catch up with old friends and new while the sun set. A big thank you to the National Executive for a well organised event.

JULY 21

Colgate "Bloggers Brunch"
Sydney, Australia

AS YOU MAY be aware, Colgate was recently voted as Australia's "Most Trusted Brand" and in line with this I was invited to a public relations event organised in Sydney. The event, organised

by Publicis Life Brands, gathered together a number of Australia's most influential "mum" bloggers with the aim of promoting Colgate and Oral Health for children. "Mrs Marsh" spoke to the group (yes, she's the lady who dipped the chalk in the fluoride!) about her role with Colgate, and then I spoke to the group about key messages for child oral health, plus hints and tips to help out all the mums out there! It was a great experience, and the bloggers were all very interactive – in fact, one mum was receiving questions for me via Twitter during the event! Most importantly, many of the bloggers went away and disseminated my message via their blogs, so hopefully the message I gave to about 15 bloggers will reach hundreds, if not thousands!

The delights of Darwin

Tracey Mirarchi describes her first conference and her first time in Darwin.

THE CONFERENCE WAS to be held at the beautiful Holiday Inn and as we registered on the Saturday morning we were pleasantly surprised to see the great number of tables set up. This meant a great turn out so attendees would be many. The room itself was quite glamorous but there was no chance of falling asleep during lectures as the air-conditioning had been set for freezing temperatures. Good plan. Fortunately, the scientific program was lead by motivated speakers with fascinating topics and eventually the temperature in the room was adjusted.

The highlight of the weekend was the Sunset Cocktail Cruise on Darwin Harbour. With plenty of champagne flowing and great food it quickly became more and more difficult to navigate the steep staircase leading to the top of the boat. We watched the sunset over Darwin Harbour and at the end of the evening and a few of us (not mentioning any names) serenaded an audience of onlookers lining the wharf. Well, what do you expect? It can't all be about learning...



WE WANT YOU TO MAKE A DIFFERENCE

THE DHA NSW COMMITTEE is looking for some of its members to volunteer their time to serve on the committee in the coming year. We are a friendly bunch of hygienists (just like you!) who email often, chat regularly and meet occasionally to help the Association meet the needs of its members.

Working together we promote the profession, plan CPD events, develop the Explorer newsletter and website, and discuss member issues, amongst other things.

There are some great benefits to being on the committee, including free meals and parking at committee meetings, free registration at the Annual Seminar Day and keeping touch with what happening.

If you are passionate about your profession and think you might be able to volunteer some of your time please contact Mel Hayes in the first instance at pres.dhaansw@gmail.com.

Get registered for the Generation Next seminar. Page 5 has the details...





Raising awareness

Two events, two sponsors and loads of smiles

Dental Health Week

Kindly sponsored by "Oral B"
Report by Tanya Cerniauskas



"TO PROMOTE Dental Health Week 2011 The Happy Tooth dental surgery, Cessnock NSW, held a fun day stall.

The stall ran from 9:30am to 3:30pm and provided advice, informative and educational booklets, face painting, a colouring in competition for the kids, healthy apples and loads of free goodies donated from the good people at Oral B such as toothbrushes for all ages and dental floss.

All our wonderful artists who took part in our colouring competition will receive a prize pack filled with Oral B products. The Happy tooth was also involved in Genes for Jeans day and raised some funds for a worthy cause.

The stall was a great success with countless numbers of people, both local and passing through, stopping to visit us. The day provided us here at The Happy Tooth with a wonderful opportunity to get out into the community and spread the important message of Dental Health Week"

Oral Health Month

Kindly sponsored by Colgate
Written by Angela Williams



"GREENWOOD Dental had a stand in Greenwood Plaza, North Sydney for three days, promoting community awareness of "Oral Cancer" and other oral conditions.

We all dressed as tooth fairies and had guest appearances from the radio station 106.5, who walked around the shopping centre with us handing out samples and promoting our dental theme on two of the days. Some company representatives also joined us in some cases sporting various fancy dress costumes.

As well as being educational our stall had spin the barrel and lucky draw to win prizes that were kindly donated by our representatives.

The photos you see are of Angela Williams (in lilac scrubs) and OHT Kristin Wheeler (in yellow scrubs and a pink fairy skirt).

Many thanks to the DHAA for your support, we very much appreciate your contribution!"

DHAA NSW COMMITTEE 2011

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MEMBERSHIP FEES

Annual membership to DHAA NSW is \$200.

All membership fees can be paid by credit card using our online facilities at www.dhaa.asn.au.

DHAA NSW - THE EXPLORER ADVERTISING RATES

DISPLAY ADVERTISEMENT

- Quarter page (Black & White) \$150.00
- Quarter page (Colour) \$200.00
- Half page (Black & White) \$180.00
- Half page (Colour) \$220.00
- Full page (Black & White) \$300.00
- Full page (Colour) \$400.00

STANDARD LISTING

- Employment Opportunities \$100.00
- 1-month internet employment advert \$250.00

Get worldwide exposure on www.dhaa.asn.au

ADVERTORIAL

- Combo article/advertisement (500 word max) \$260.00

INSERT

- 250 per issue (maximum size A4) \$150.00



DHAA NSW 3rd General Meeting

JUST A QUICK reminder that our 3rd General Meeting is fast approaching!

The topic for the evening is Snoring and Sleep Apnoea - Answered and Unanswered questions and the guest speaker will be Professor Ron Grunstein.

Light catering provided will be provided and the event is free to all members and students (\$65 non-members).

If you would like to attend, please RSVP to sec.dhaansw@gmail.com by Friday 2nd September.

DATE
Monday 5 September 2011

VENUE
Harbourview Hotel,
North Sydney

TIME
6.30pm

Registered for the seminar? Get back to page 5... ↩